

PRESIDENT'S MESSAGE

"Mental health matters in your life" is the National Council of Behavioral Healthcare's theme for May as Mental Health Month. This statement is very true for the well being of everyone. Mental health is something we tend to take for granted and is often overlooked when it comes to the care of our own children. However, when a family faces the challenges of a child who faces mental health issues, it can put tremendous pressures on the family structure. This is where the Child Guidance Clinic steps in.

As an organization that provides counseling services for children with emotional and/or behavioral problems, the Clinic never ceases to amaze me. The agency is often facing hurdles throughout the process of providing care, from a budget crisis to a parent's lack of commitment to treatment. Despite the hurdles, the Clinic never loses focus on the child and the importance of helping them work through their problems so that they can live a happy and more fulfilling life.

As I wrap up my year as president of the Clinic's Board of Directors, I've come to appreciate many things. I appreciate the Clinic's management and staff for their commitment to the children of our community. I have also come to appreciate organizations that continually support the Clinic such as, the Blanche & Irma Weill Foundation, Guild House, Active 20/30 Club of Bakersfield, CARE (Children's Advocates Resources Endowment) and the Weill Child Guidance Foundation. Each of these organizations has supported the Clinic for numerous years and through their donations, has assisted the Clinic in expanding services to children in our community who might not otherwise have the opportunity for treatment. Beyond these organizations, there are numerous individuals who also make a commitment to financially support

— Continued on page 5

North Bakersfield Services

In August 2003, the Clinic was awarded a new county contract to serve children residing in North Bakersfield. During the last six months, the North Bakersfield team has focused on outreach, forming relationships within the community, the identification of needs and the development of effective service delivery systems in that community.

An important service provided in that area is parent skills training in which Clinic staff utilizes the Active Parenting Today curriculum, consisting of video instruction, worksheets and discussions. Through this program, Clinic staff helps parents develop positive and practical skills to deal effectively with a variety of parenting challenges. The curriculum may be taught in the home, at the Clinic, at school or any other location requested by the parents. On average, the course consists of three to ten hours of training over a three to six week period based on need. The Clinical team spends most of its time, approximately 600-800 hours per month, at the schools. The Clinic serves 19 schools in the area and is currently involved in 22 school programs. Since problem behaviors are often first identified in the school setting, the Clinic receives approximately 50 school referrals each month.

School behavior and academic performance are two of the most important issues that are addressed in the assessment process. As a part of the plan of care,

Clinic staff observe the child in the school setting to identify behaviors that interfere with the child's learning, peer relationships and interactions with teachers. Results of the observations are discussed by the treatment team and appropriate interventions are established and implemented. Teamwork involving Clinic and school staff is essential to help the child become more successful.

In addition to the school-based services, Clinic staffs provide family and individual therapy, and psychiatric, case management, referral and crisis services. Parent support groups, which are open to the public, are held at Riverview Neighborhood Place. Clinic staffs also participate in three monthly community meetings attended by representatives of the school districts, Probation Department and Family Advocates. It is hoped that these community collaborative efforts, combined with services provided by Clinic staff, will result in positive changes for families in the North Bakersfield Area.

Clinician's Corner

School Services

As a family therapist, I have often contemplated the most valuable aspect of my profession. Working together with my team to help children become successful in school has been one of my most satisfying achievements.

Children having positive experiences in school require many structures of their life being in a healthy balance, such as: their basic needs being met, positive parenting, proper nutrition and an adequate social support system. These aspects help to develop a positive sense of self-esteem and help a child's sense of joy to remain intact.

Currently, I am working in the Clinic's newest program, North Bakersfield. Our team's services provide the children with a School-Based Social Skills Group, with the need for location and access being accommodated by the school's principal and staff. Additionally, we interact with the children in their learning environments.

On the school campus, there is a comfortable interaction between the teachers, clients and our treatment team members. We assist children in learning to understand why their education is so important to their future. We help children develop pride in their own workmanship, improving their belief in themselves. We help them develop problem-solving techniques and friendship skills — enabling our clients to experience success.

I have experienced great joy from children who have improved their insight and judgment. These interventions and standards developed by the Child Guidance Clinic's management team have helped many children to perceive and ultimately achieve a brighter future.

Gina M. Shields, MFT
Marriage and Family Therapist

Shoe and Sock Drive

Each Holiday Season, we become aware of the concern for others and the spirit of giving that is so widespread in our community. This year, Cub Scout Troop 305 conducted their 2nd Annual Shoe and Sock Drive to help less fortunate families served by the Clinic. The boys enthusiastically tried to exceed last year's total by making an all-out effort to collect more donations this year. The Clinic is always touched by the generosity of our community, but when we see children helping other children, it brings to mind the true meaning of the Holiday Season.



Harry & Ethel West Foundation

We are pleased to announce that the Clinic received a generous donation from the Harry and Ethel West Foundation to install security doors at our main facility where vandalism and thefts have been on the rise. This has led to a concern for the safety and

security of our clients and staff. We were very fortunate to receive this contribution, given the current financial climate, and we owe a debt of gratitude to the Harry and Ethel West Foundation for assisting us with this project.



In Memory

The Clinic was saddened by the recent death of Dr. Jacob Samler who served as a staff psychiatrist at the Clinic before joining the United States Air Force in 1978. Although he had been away from the Clinic for many years, Dr. Samler

kept in contact with staff and lent support and encouragement as the Clinic continued to grow and develop. Dr. Samler was a dedicated professional who will be missed by many and will always have a special place in our hearts.

A Special THANKS

We had another very successful Holiday Families Program during the last Holiday Season. We were very pleased with the response we received from the individuals, businesses and organizations that assisted the Clinic in serving 160 clients and their families.



The holidays can be a very difficult time for many of our clients. Although this is not the Clinic's primary function, we have been very fortunate in recent years to have the support of individuals in our community who have asked to adopt a family during the Holiday Season and who have donated gifts and food for these needy families.

Helping families at this time of year inspired many of our employees, family members and organizations to participate in this program — making this a very special holiday season for all.

HOLIDAY FAMILIES PROGRAM

The following individuals and organizations adopted Clinic families and provided food, clothing and toys for the children who benefited from the Program

The Employees of:

Brown Armstrong, Certified Public Accountants – *Deanna Blaise*
Kern Schools Federal Credit Union –
(Accounting Department)
(Administration Department)
(Delano Branch)
(Downtown Branch)
(Ming Avenue Branch)
(Mt. Vernon Branch)
(Panama Branch)
(River Run Branch)
(Town & Country Branch)
(Electronic Services Department)
(Mail Services)
(Central Lending)
(East Hills Branch)

KUVI -TV 45

Teresa Ford
Maria Hernandez
Doug Gates
Joe Collins
Ruby Valtierra
Maritere Alvarez Jackson
Sheila Moore
Clerinda Briones
Veronica Curiel
Irma Cervantes
Polly Greenway
Maggie Ortega
Hector Flores
Sandy Hinojosa
Nena Perezchica
Chuck Sukut
Joe Abiecunas

Rent-A-Center – *Luis Hernandez, Manager*
State Farm Insurance – *Jennifer Boen*

Members of:

Cub Scout Troop 305 – *Marie Ruiz*
Delano High School Associated Student Body

Guild Members –

1st, 3rd, & 5th Mondays
2nd & 4th Tuesdays
1st, 3rd, & 5th Tuesdays
1st, 3rd, & 5th Thursdays
2nd & 4th Thursdays
1st, 3rd, & 5th Fridays
Twins & Triplets Group of Kern County – *Rebecca Walker*
Westside Church of Christ –
Dave McCarthy

Individual/Family Sponsors

Paula & John Abbott
Susanne & Harvey Campbell
Tina & Frank Cantelmi
Alice Cook
Carol & Tom Crocker
Bonnie Crowder
Carol Danter
Enriqueta Diaz
Karen Faulkner
Teresa, Vince & Trevor Ford
Polly Hamm
Fabian Hernandez
Talina Hernandez
Kathy & Marty LaGue
Diana Martin
Toni & Chris Martinez
Robert McMillan
Shelly Meadows
Ruth & Jaime Mendoza
Tammy Padilla
Abby Sisk
Robin Summerfruit
Kyla Taylor
Joyce Umfress
Vernon and Janis Varner
Kris & Kerry Wallace-LaGue
Brenda Weston

Weill Child Guidance Foundation GOLF TOURNAMENT

The Weill Child Guidance Foundation, which was established in 1990 to raise funds in support of the Child Guidance Clinic, will conduct its Eighth Annual Invitational Golf Tournament. The tournament is scheduled for June 14, 2004 at Seven Oaks Country Club. The cost to participate in the tournament is \$150.00 per person. A Cocktail Party/ Awards Ceremony will immediately follow the tournament during which

hors d'oeuvres will be served and items offered for auction. The cost for those who do not play in the tournament but want to attend the Cocktail Party/ Awards Ceremony is \$50.00 per person. Ads in the event program and hole sponsorships are also available. All proceeds from the event benefit the Henrietta Weill Memorial Child Guidance Clinic. For additional information, please call 322-1021.



Tonya Crowder and Blake Smith



Linda Maxwell



Shelly Meadows and Octavio Magaña

President's Awards

Tonya Crowder and Linda Maxwell were President's Award recipients in January. Shelly Meadows and Octavio Magaña received the President's Award in February.



Guild House

Freshly-made soup, entrée and vegetable in season or side salad or entrée salad, house-made rolls or muffins, delicious dessert or sorbet with fruit sauce and beverage. Wine and beer available.

Menus subject to change.

May/June 2004

All proceeds and gratuities are donated to the Henrietta Weill Memorial Child Guidance Clinic.

Call Us For Your Special Events! 325-5478

Weeknights or weekends. Luncheons, receptions or dinners. Private rooms are available for luncheon meetings. Advanced reservations are requested but not required. Drop-ins welcome!
Fax: 325-5603



Monday	Tuesday	Wednesday	Thursday	Friday
<p>17</p> <p><i>Bloody Mary Soup</i> <i>Credpes Palermo</i> <i>Apricot Cheesecake</i></p>	<p>18</p> <p><i>Tortilla Soup</i> <i>Pollo Rancho</i> <i>Margarita Cheesecake</i></p>	<p>19</p> <p><i>English Pea Soup</i> <i>Baltimore Crepes</i> <i>Elizabeth's Pie</i></p>	<p>20</p> <p><i>Potage Bretton</i> <i>Poulet Cordon Blue</i> <i>Coconut Apple Pie</i></p>	<p>21</p> <p><i>Green Onion Soup</i> <i>Pork w/Apricot Chutney</i> <i>Caramel Pecan Cheesecake</i></p>
<p>Weekly Entrée Salad - California Chicken</p>			<p>CHRISTINE'S</p>	
<p>24</p> <p><i>Cream of Zucchini Soup</i> <i>Tequila Chicken</i> <i>Peanut Marble Cheesecake</i></p>	<p>25</p> <p><i>French Onion Soup</i> <i>Quiche Lorraine</i> <i>Lovely Lemon Pie</i></p>	<p>26</p> <p><i>Cock-a-Leekie Soup</i> <i>Southern Ham Pie</i> <i>Peach Cobbler</i></p>	<p>27</p> <p><i>Canton Consomme with Pot Stickers</i> <i>Asian Pork</i> <i>Apricot Torte</i></p>	<p>28</p> <p><i>Spring Onion Soup</i> <i>Pepper Steak</i> <i>Torte L'Orange</i></p>
<p>Weekly Entrée Salad - Bountiful Bakersfield</p>			<p>PAPPAGALLO</p>	
<p>31</p> <p>CLOSED FOR MEMORIAL DAY</p>	<p>1</p> <p><i>Italian Wedding Soup</i> <i>Cannoloni Capriccio</i> <i>Fresh Strawberry Tart</i></p>	<p>2</p> <p><i>Tomato Zing Bisque</i> <i>Colorado Quiche</i> <i>Apricot Cheesecake</i></p>	<p>3</p> <p><i>Cream of Lettuce Soup</i> <i>Apricot Game Hens</i> <i>Bandi's Cake</i></p>	<p>4</p> <p><i>Sherried Wild Rice Soup</i> <i>Pepper Steak</i> <i>Butterfinger Pie</i></p>
<p>Weekly Entrée Salad - Cattleman's Sandwich</p>			<p>REVELATIONS</p>	
<p>7</p> <p><i>Canton Consomme with Pot Stickers</i> <i>Asian Pork</i> <i>Apricot Torte</i></p>	<p>8</p> <p><i>Green Pea Soup</i> <i>Hawaiian Ham Balls</i> <i>Pineapple Dream Pie</i></p>	<p>9</p> <p><i>Zesty Carrot Soup</i> <i>Enchiladas ala Suisse</i> <i>Lemon Pistachio Cheesecake</i></p>	<p>10</p> <p><i>Cream of Celery Soup</i> <i>Country Seasoned Chicken</i> <i>Lemon Glazed Cheesecake</i></p>	<p>11</p> <p><i>Zuppa D'Aglio</i> <i>Champagne Chicken</i> <i>Pistachio Cheesecake</i></p>
<p>Weekly Entrée Salad - Sedona</p>			<p>SUGARDADDY'S</p>	
<p>THE GUILD HOUSE IS CLOSED FOR SUMMER, BUT WE WILL BE COOKING FOR YOU AGAIN IN SEPTEMBER. SEE YOU ALL THEN.</p>				

Board of Directors

EXECUTIVE COMMITTEE

President

Blake Smith

Vice President

Jess Molinar

Treasurer

Shawn Canaday

Secretary

Robert Mejia

Immediate Past President

Denise Kooren

Members-At-Large

Margaret Harrison

Tom Spencer

Directors

Kathy Bowers

Nada Byrum

Ninfa Flores

Barbara Ford

Bobbie George

Theresa Jones

Julia Linfesty

Amanda Moore

Greg Muir

Steve Nichols

Hajir Nurridin

Scott Stevenson

Associate Director

Ira Cohen

Staff

Executive Director

David Camara, LCSW

Clinical Director

Linda Hoyle, MFT

Administrative Director

Paula Abbott

Newsletter Editor

Susanne Campbell

Locations

3628 Stockdale Highway

Bakersfield, CA 93309

(661) 322-1021

5300 California Avenue

Bakersfield, CA 93309

(661) 327-0933

1616 29th Street

Bakersfield, CA 93301

(661) 852-0496

1318 High Street

Delano, CA 93215

(661) 725-1042

www.hwmcgc.org

Mission Statement

The Henrietta Weill Memorial Child Guidance Clinic provides the services and resources necessary to prevent and treat emotional and behavioral problems for Kern County children and their families.



The 2003 Soiree d' Art Auction conducted by the 20/30 Club of Bakersfield was a tremendous success.



2003 Soiree d' Art

The event was held at Seven Oaks Country Club on September 20, 2003 and helped to raise funds for local children's charities. The Child Guidance Clinic received a generous donation as one of the beneficiaries of the event.

As a private, non-profit organization, the Clinic relies heavily on the support of local service organizations and the community to achieve its mission. The Active 20/30 Club of Bakersfield provides support for local children's organizations each year and deserves recognition for its philanthropic efforts. It is very gratifying to see a group of young professionals like this who are committed to supporting the work of local nonprofit organizations that serve the children of our community.

President's Message

—Continued from Cover

the Clinic, and in these times of financial concerns mainly due to the state budget deficit, these donations could not be timelier. I also have a deep appreciation for the other members of the Board of Directors who donate their time and talents to improving the Clinic's programs.

There is no better way to end the year than with the Clinic's major fundraising event. The Weill Child Guidance Foundation is finalizing the plans for their Eighth Annual Invitational Golf Tournament. This year they have added an opportunity to attend the Awards Ceremony/Cocktail Party following the tournament in hopes of opening this event up to non-golfers

as well. My hope is that we see many new faces at this event this year. It is hoped that this will be means to introduce people to the wonderful work of the Clinic.

The Clinic Board and staff thank our continued supporters for their commitment to the Clinic. This support enables the Clinic to continue furthering the work that they do for the children and families of our community.

R. Blake Smith,
President



3628 Stockdale Highway
Bakersfield, California 93309

Non-Profit Organization
U.S. Postage
PAID
Bakersfield, California
Permit No. 346



THANK YOU FOR YOUR SUPPORT

The following individuals, corporations, foundations and community organizations have generously made donations to the Clinic from December 1, 2003 through March 31, 2004. On behalf of the children we serve, thank you for your support.



LEADING HANDS

\$40,000 and above

Blanche and Irma Weill Foundation

GUIDING HANDS

\$10,000 to \$39,999

HELPING HANDS

\$1,000 to \$9,999

Active 20/30 Club of Bakersfield

Diane S. Lake

Harry and Ethel West Foundation

In-N-Out Burger Foundation

Joan Pracy

The Lake Family Foundation, Cynthia Lake

CARING HANDS

Up to \$999

John and Paula Abbott

Albertsons

Alpha Delta Kappa Sorority, Inc.

Mary Jo Anhalt

In Memory of Mimi Deeths

Diane Atkinson

In Tribute to Mr. and Mrs. John Johnson

Bob and Jane Bennett

In Memory of June Stiern

Harvey and Laura Brockmeyer

In Memory of June Stiern

Bertha Bruschi

Harvey and Susanne Campbell

In Memory of Dr. and Mrs. Hugh Betenbaugh

Phyllis Campbell

In Memory of June Stiern

Sally Carter

In Memory of June Stiern

Audrey Cochran

In Memory of June Stiern

Mrs. William Colm

In Memory of Betty Camp

Audrey Demirjian

In Memory of Mila Caratan

In Memory of William L. Porter

Margaret Dennis

In Memory of Jane Smith

Clinton Douglass – D.B.A.C.

Carl Duzen

In Memory of Jane Smith

Jerry and Janet Fiorini

In Memory of Marie Garzoli

Mrs. Sally Foster

In Memory of Mary McNamara

Dorothy Fowler

In Memory of June Stiern

Vernell and Christina Goehring

In Memory of Zelda Camara

Charman Goehring-Fox

In Memory of June Stiern

Darlene Goldberg

In Tribute to LaVerne and Dick Poff

Dr. Albert Goodman

In Memory of June Stiern

Dr. and Mrs. Daniel Grabski

Mr. and Mrs. David Greene

Mr. and Mrs. Warren Haupt

In Memory of Roy Thomas

Donald Jacobs

In Memory of Jimmie Alford

Virginia Lawrence

In Tribute to Lucielle Christensen

Mr. and Mrs. Henry Leal

In Memory of William A. Sidders, M.D.

Peggy Lewis

In Memory of Jane Smith

Robert McMillan

Dr. and Mrs. Erick Michelsen

Mary Middleton

Betty Ann Mitchell

Mr. and Mrs. Ted Murphy

James O'Neill

Mr. and Mrs. Fred Peck

In Memory of Ki Phillips

In Memory of Marie Garzoli

Joan Pracy

In Memory of June Stiern

Jean Pretorius

John Prueitt

Tillie Resley

In Memory of Florence Duddridge

Dr. Frederic Rowe

Dr. and Mrs. Guy Shaw, III

Tribute to Guy G. Shaw, Jr.

Jim and Susan Shepard

In Memory of June Stiern

Jan Siechert

Constance Smith

In Memory of Mary Jane Smith

John Stephenson

In Memory of Shirley and Randy Stephenson

Jacqueline Stiern

In Memory of June Stiern

Mr. and Mrs. Jerry Sudarsky

In Memory of Millie Ablin

Thomas Swertfager

In Memory of Mary Jane Smith

Wilma Tyrone

In Memory of Jane Smith

Faith Vigil

James and Kim Wiens

In Memory of Jane Smith

IN KIND DONATIONS

Bakersfield Police Department

Banks Pest Control

Sylvia Carriker

Denise Hinmon

Guild House

Marguerite Moore

Margaret Palmer

The Scrap Yard, Joe and Stacey Bruce

Society for Disabled Children