

PRESIDENT'S MESSAGE

The Henrietta Weill Memorial Child Guidance Clinic is embarking on an exciting year of growth. The addition of the Mental Health Area 5 contract which covers north Bakersfield to the list of contracts that the Clinic is operating for the county mental health system will create exhilarating challenges and opportunities for the organization. The Clinic staff is to be commended for their efforts to promote a smooth transition as new employees are hired to provide the services required by the contract and a new facility within the geographic boundaries of the contract area.

In our efforts to diversify the revenue available to the Clinic, management has been negotiating contracts with the major behavioral health insurance organizations. The Clinic has finalized a contract to be a service provider for PacificCare Behavioral Health. The Clinic is now on the list of preferred providers for PacificCare and management is negotiating contracts with other organizations. Success in this area will diversify the revenue streams coming into the Clinic.

The Board of Directors would like to express appreciation to Clinic management and staff for all of the efforts made to maintain the Clinic as a growing and vibrant organization. The coming year should be exciting and full of challenges. Creating a more unified team between the Board of Directors, management, and staff will be a goal for the coming year. The new slate of officers on the Board of Directors is committed to that goal. We look forward to an exciting and productive year.



R. Blake Smith,
President

When our community learned of a little boy who had been abandoned on a street corner in Bakersfield, there was an outpouring of support and concern. Local citizens as well as people across the country gave gifts, money and offered to adopt the child. It was a story that touched our hearts, even as we asked ourselves "How could this happen? How could someone abandon a child?"

ABANDONMENT

We may never have the answers in this specific case; however, we know that children are abandoned every day in Kern County. The circumstances may not be as dramatic as a child left on a street corner, but the child's suffering is just as great. Children are abandoned when their physical and emotional needs are not met. They are abandoned when they are chronically hungry, cold or dirty. They are abandoned when they are not held, played with or hugged. They are abandoned when they are ignored or belittled by those who are responsible for their care.

There are a number of factors that contribute to the problem. Sometimes it may be drugs or alcohol that impair the parents' judgment and ability to meet their child's needs. At other times, a physical or mental illness interferes with their ability to parent effectively. Poverty or the lack of a support system can also be contributing factors. Often the parents have not been nurtured or well-parented themselves and, therefore, have not learned the skills to meet their own child's emotional needs.

Children whose physical and emotional needs are chronically ignored can experience long-term effects. Research has demonstrated that a strong, secure emotional attachment between a parent or caregiver and the child is a key component of healthy development. It has been well-documented that children, who do not have sufficient basic human interaction as infants, are at risk for social, emotional and developmental problems as they grow older.

As infants and toddlers, children begin to develop a sense of the world around them from their parents and primary caregivers. When they are hungry, they need to be fed. When they are discontented, they need to be held and comforted. When their needs are met, they learn to trust that the world is a safe place. Children whose needs are chronically unmet develop a very different sense of the world. They begin to see that this is not a safe place and that they cannot rely on anyone. As a result, they do not feel safe, secure and able to trust others. They are children who, in a sense, have been abandoned.

Children do not have the words to express their feelings, so they often communicate through their

behavior. Thus, we see children who may be hyper-active and impulsive because they feel anxious. Others might be aggressive because they feel sad or fearful. Left untreated, these behaviors often result in even more severe problems as these children grow older. They often have difficulty making friends or getting along with other children and are often in trouble for their behavior in preschool and later in higher grades.

When children have problems with peers, difficulty making friends and poor school performance, they are at a much higher risk for academic failure, fighting, truancy, expulsion and even dropping out of school. They are also at increased risk of involvement in the juvenile justice system for crimes against persons or property because they have inadequate coping skills and little empathy for others.

Children who do not develop a secure attachment to their parents or caregivers have difficulty developing and maintaining stable relationships as they grow older since children learn how to relate to others from their parents and family. When these children become adults and have children of their own, they will lack the skills to nurture and meet the emotional needs of their own children, and the cycle will continue. We can break that cycle through early detection and interventions with these children and their families. Parents can be taught how to meet their children's physical and emotional needs and how to develop a secure and stable relationship with their children.

Each of us has a responsibility to ensure the safety and stability of our community's children and we must recognize both the immediate and long-term effects on children when their basic needs are not met. This is not to say that children need to have every need met immediately and each time they occur because children are very resilient, and it is only when those needs are unmet in a chronic pattern that damage can occur.

We can break the cycle, but we must first recognize that there are many ways in which a child can be abandoned. Some are left on a street corner. Others are abandoned in their own homes while their parents are present. Each of these children needs our care, concern, support and intervention.

BOARD RECOGNITION



Blake Smith presents a plaque to **Denise Kooren** in recognition of her service as the Clinic's board president from 2001 - 2003.



Denise Kooren, presents a perpetual plaque to **Nada Byrum**, President of the Bakersfield Child Guidance Guild, in recognition of the Guild's contributions to the Clinic now totaling \$1,380,092.00.



Members of the new Executive Committee of the Board of Directors are (l to r): **Shawn Canaday**, Treasurer; **Blake Smith**, President; **Margaret Harrison**, Member-At-Large. Not pictured are **Tom Spencer**, Member-At-Large; **Jess Molinar**, Vice President and **Robert Mejia**, Secretary.



Steve Starbuck and **Paula Tremaine** are recognized for their service on the Clinic's Board of Directors.

Juvenile Probation Psychiatric Services (JPPS)

The Juvenile Probation Psychiatric Services Program (JPPS) offers brief therapy services and medication management services for young people incarcerated in the Juvenile Justice System including Juvenile Hall, Pathways Academy and Camp Erwin Owen. JPPS staff also provide medication management services for wards incarcerated in the Crossroads Program. The following is a description of the various Juvenile Justice System Programs in Kern County and the services provided in each by the Clinic's JPPS Program staff.

Juvenile Hall detainees average about 110 wards at any given time with 15-20 of those being female. The average length of stay varies from three days to over two months. The length of stay is determined by the charges and the individual's history. Offenses committed by detainees typically include truancy, out-of-control behavior, drug related offenses, petty theft, sexual offenses, assaults and, in the worst case scenario, murder. JPPS staff provides primarily crisis intervention services for this population. Since many of the wards are placed on a precautionary suicide watch when they enter Juvenile Hall, JPPS staff must focus on stabilization and adjustment to the facility with these individuals.

Pathways Academy, which is located at Juvenile Hall, is a four to five month commitment program for a maximum of 28 girls who have committed several offenses before being placed in this program. Their crimes typically consist of running away from home, assault, petty theft, burglary or drug related offenses. Program staff provides social skills groups for many of these individuals.

Camp Erwin Owen houses 125 boys between the ages of 14 and 18. The average length of stay is 5 to 7 months. Youth commit-

ted to Camp Erwin Owen are not usually violent offenders, but have histories of many prior offenses. An example would be a 15 year old who has had two burglary charges, one shoplifting charge, two under the influence charges followed by a grand theft auto charge. Camp Erwin Owen is located near Kernville on 56-acres of mountainous terrain overlooking the Kern River. Unlike Juvenile Hall, there are no fences, no cells and no locked doors. Camp is a half-day work and a half-day school program.

Camp is a very complex program with many rules and expectations which have resulted in the need for an additional program within the main program, the Owen Re-entry Program (ORP). This program is limited to 15 of the 125 wards and requires routine collaboration with JPPS staff. Since Camp is the longest commitment program, JPPS is able to provide all wards with an orientation upon arrival and a referral/resource group prior to their release.

For all of the above-described programs, JPPS offers crisis intervention, assessment, group, individual and family therapy, medication support services, collateral therapy, linkage/brokerage services and classroom/living unit intervention. Twenty-four hour crisis coverage, parenting classes and parent support groups are also available through the Clinic. Additionally, JPPS staff participates in several weekly interdisciplinary team meetings and collaborates with other agencies on a regular basis in an effort to best serve the clients, such as probation officers, probation staff, probation administrators, nurses and teachers. In addition to the above, referrals for services also come from parents, other mental health providers within the System of Care and court officials. JPPS staff makes every effort to contact and to involve the families of the clients in the therapeutic process.

Child Guidance Clinic Expands Services

We are pleased to announce that the children's mental health services contract for north Bakersfield was awarded to the Clinic by the Kern County Mental Health System of Care. We not only welcome the challenges of implementing a new program to serve children and families residing in north Bakersfield and as far east as Woody and Glenville, but also the opportunity to welcome new staff who will contribute to our diversity and help expand our service delivery system.

Volunteer Spotlight

We are always grateful to the people in our community who volunteer their time and efforts to support the work of the Clinic. One such volunteer is Dr. Daniel Grabski, a local psychiatrist. Dr. Grabski voluntarily offers his time on a regular basis to conduct Medication Utilization Review for the Clinic and for Kern Medical Center. Every Monday morning, Dr. Grabski arrives at the Clinic to review charts and medical records. Prior to retirement, Dr. Grabski held many prominent positions in his field. From 1989 to 1997, he served as Medical Director of the Child Guidance Clinic and has been an enduring supporter of the Clinic ever since.

Dr. Grabski graduated from St. Louis University School of Medicine in 1952 and came to California to begin his internship at Los Angeles County Harbor General Hospital. He received a Certificate of Advanced Study in Psychiatry from UCLA's Graduate School in 1959, at which time he began working as Chief Resident Psychiatrist for Metropolitan State Hospital. In 1962, Dr. Grabski moved to Bakersfield with his wife, Rosemarie, and their two sons to work as the Director Mental Health Services of Kern County. He held that position until 1966 when he left Bakersfield to be the Assistant Deputy Director of California's Department of Mental Hygiene in Sacramento. In 1972, Dr. Grabski returned to his position as Director of Mental Health Services of Kern County and worked in that capacity until 1986. With such an impressive employment history, Dr. Grabski is very modest. He is, however, very proud of the certificate of appreciation he received from the Medical Board of California upon his retirement.



Dr. Daniel Grabski

He considers the recognition he received from such a prestigious medical organization for his work as a very special honor.

As a non-profit organization, the Clinic benefits from Dr. Grabski's volunteerism in many ways. By volunteering his time to conduct Medication Utilization Review, the Clinic does not have to pay someone in the community to perform this service. Dr. Grabski can also be counted on to share articles on the latest medications, diagnostic techniques, therapeutic interventions, legislation and upcoming conferences and workshops.

We are very honored to have a volunteer of Dr. Grabski's stature to help us provide the best services possible for the children of our community. We also appreciate his ongoing support of the Clinic and we always look forward to visiting with Dr. and Mrs. Grabski at the various Clinic social and fundraising events.

NEW BOARD MEMBERS

We are pleased to welcome the following new members to the Clinic's board of directors:



Shawn Canaday is a Senior Accountant with Brown Armstrong and will serve as the Treasurer of the Clinic's Board of Directors.



Kathy Bowers is a clinician in private practice.



Ninfa Flores is an insurance agent and broker with her own firm.



Hajir Nuriddin is a detective with the Bakersfield Police Department

Amanda Moore (not pictured) is a retired teacher from Delano who is the President-elect of the Bakersfield Child Guidance Guild.

PRESIDENT'S AWARDS



Delano staff members, **Dorsey Driggs** and **Leticia LeBron**, receive President's Awards for the month of May.

September 2003

All proceeds and gratuities are donated to the Henrietta Weill Memorial Child Guidance Clinic.



Guild House

Freshly-made soup, entrée and vegetable in season or side salad or entrée salad, house-made rolls or muffins, delicious dessert or sorbet with fruit sauce and beverage. Wine and beer available.

Menus subject to change.

Call Us For Your Special Events! 325-5478

Weeknights or weekends. Luncheons, receptions or dinners.

Private rooms are available for luncheon meetings.

Advanced reservations are requested but not required.

Drop-ins welcome!

Fax: 325-5603



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|---|
| 1 Closed - Labor Day | 2 <i>Green Onion Soup</i> <i>Chicken Dijonnaise</i> <i>Nutty Chocolate Puffs</i> | 3 <i>Cream of Celery Soup</i> <i>Artichoke Chicken</i> <i>Chocolate Delight</i> | 4 <i>Mushroom Consomme</i> <i>Apricot Game Hens</i> <i>Cheesecake w/Strawberry Sauce</i> | 5 <i>Sherried Wild Rice Soup</i> <i>Crepes ala Palermo</i> <i>Lemon Angels</i> |
| Weekly Entrée Salad - Caesar w/Grilled Chicken | | | SUGARDADDY'S | |
| 8 <i>Gazpacho</i> <i>Jalapeño Game Hens</i> <i>Kablua Cheesecake</i> | 9 <i>Bloody Mary Soup</i> <i>Chicken Espana</i> <i>Chocolate Peanut Butter Pie</i> | 10 <i>Leek & Onion Soup</i> <i>Quiche Jabon</i> <i>Razzle Dazzle Cake</i> | 11 <i>Artichoke Soup</i> <i>Lemon Chicken</i> <i>Cherry Almond Pie</i> | 12 <i>Tomato Madrilene Soup</i> <i>Country Seasoned Chicken</i> <i>Lovely Lemon Pie</i> |
| Weekly Entrée Salad - Citrus | | | CLASSY KNITS | |
| 15 <i>Potage Crecy</i> <i>Orleans Fish</i> <i>Chocolate Imperial</i> | 16 <i>Cream of Pimiento Soup</i> <i>Chicken Enchiladas ala Suisse</i> <i>Margarita Cheesecake</i> | 17 <i>Zuppa D'Aglio</i> <i>Canneloni Capriccio</i> <i>Lucious Lemon Pie</i> | 18 <i>Orange & Carrot Soup</i> <i>Tequila Chicken</i> <i>Chocolate Almond Pie</i> | 19 <i>Cream of Broccoli Soup</i> <i>Monterey Quiche</i> <i>Acapulco Cake</i> |
| Weekly Entrée Salad - Chicken Curry | | | VICTORIA'S | |
| 22 <i>Sopa de Lima Soup</i> <i>Fiesta Chicken</i> <i>Raspberry Tart</i> | 23 <i>Autumn Tomato Soup</i> <i>Vineyard Game Hens</i> <i>Meringue Shells w/Fruit</i> | 24 <i>Cream of Spinach Soup</i> <i>Rosemary Chicken</i> <i>Sour Cream Apple Pie</i> | 25 <i>Red Pepper Soup</i> <i>Pastel Del Queso</i> <i>Apricot Cheesecake</i> | 26 <i>English Pea Soup</i> <i>Crepes Jardiniere</i> <i>Bavarian Apple Tart</i> |
| Weekly Entrée Salad - Antipasto | | | REVELATIONS | |
| 29 <i>Cream of Peanut Soup</i> <i>Island Chicken</i> <i>Coconut Apple Pie</i> | 30 <i>Classic Cream of Mushroom Soup</i> <i>Quiche Epinard</i> <i>Crepes Chantilly</i> | <div style="border: 1px solid black; padding: 10px;"> <p>COOKING CLASSES</p> <p>Cooking classes are being offered at Guild House on October 22nd and November 12th.</p> <p>Call Guild House for more information and to make your reservations.</p> </div> | | |
| Weekly Entrée Salad - Bountiful Bakersfield | | | | |

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Locations

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(661) 322-1021

5300 California Avenue

Bakersfield, CA 93309

(661) 327-0933

1318 High Street

Delano, CA 93215

(661) 725-1042

www.hwmcgc.org

Mission Statement

The Henrietta Weill Memorial Child Guidance Clinic provides the services and resources necessary to prevent and treat emotional and behavioral problems for Kern County children and their families.

SERVICE AWARDS

25 YEARS



Mary Cornett
Linda Hoyle

20 YEARS



Audrey Heivly

15 YEARS



Bert Schniepp



Leticia LeBron

5 YEARS



Terry Thayer



Dana Sizemore

5 YEAR SERVICE AWARDS



Left to right: Teanna Henderson, Terri Weirsum, Karen Ice-Crawford, Dorsey Driggs, Susanne Campbell, Mary Coleman, Don Martin, Sonia Cuellar, Carol Danter, Ermelinda Morales for Jose Morales and Abby Sisk.

Welcome PacifiCare Members

The Child Guidance Clinic is pleased to announce that it is a new provider for PacifiCare Behavioral Health Services. Families who are members of PacifiCare Behavioral Health can now bring their children to the Clinic for counseling services. We are very excited about entering this new partnership with PacifiCare, and we encourage members to call the Clinic at 322-1021 for more information about the programs and services we offer.



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THANK YOU FOR YOUR SUPPORT

The following individuals, corporations, foundations and community organizations have generously made donations to the Clinic from April 16, 2002 through July 31, 2003. On behalf of the children we serve, thank you for your support.



LEADING HANDS

\$5,000 and above

Ben H. and Gladys Arkelian Foundation
Bakersfield Child Guidance Guild
Joan Pracy
Blanche and Irma Weill Foundation
Harry and Ethel West Foundation
The Lake Family Foundation
In-N-Out Burger Foundation

HELPING HANDS

\$500 to \$4,999

Bakersfield Breakfast Rotary Foundation
United Way Combined Campaigns for Kern, Inyo & Mono Counties

CARING HANDS

Up to \$499

John and Paula Abbott
Albertsons
Delta Pi, Delta Kappa Gamma
Glenn Engholm
In Memory of Samuel Engholm, Jr.
Mr. and Mrs. Gordon Foster
In Memory of Frank Kaufman

Sybil P. Hilton

In Memory of Jacqueline Culbert, Robert Henry Elliott, Duncan Johnson, Jr., Tim Turner

Virginia Lawrence

In Tribute to Lucille Christensen

Leta Leal

In Memory of Rick Ewing

Faye Marier

In Memory of Julien Jensen

Hazel K. McCuen

In Memory of Helen Fitch

Tammy Nuanez

Mr. and Mrs. Jonathan Reid

In Memory of Danny Klancher

Bill and Barbara Rieken

In Memory of Terri Rieken

Dr. Guy and Barbara Shaw, III

Helen Solomon

In Memory of Phil Wells

In Memory of Helen Fitch

In Memory of Betty Sill

Joe and Margie Turner

In Memory of Mike Hughey

Jolene Woods

In Memory of Ella Waterhouse

IN KIND DONATIONS

Bakersfield Fire Department, Station No. 1

Banks Pest Control

Brown Armstrong

Vickey Chapman

George and Mary Demos

JRJ Concrete

Thelma Petrosine

Wilbur Randel

The Scrap Yard, Joe and Stacey Bruce

Society for Disabled Children

June Whities