

President's Message

The past year has resulted in many challenges for the mental health system in California. The energy crisis, depletion of the state budget surplus and the events of September 11th have everyone wondering what our future will hold. These problems have not only affected us at the state and national level, but communities like ours have also been directly impacted and have us searching for solutions. Mental health agencies in our community, like the Child Guidance Clinic, have definitely felt the financial strain that resulted from these events. The mental health industry in California is facing a tremendous human resources shortage, which has further impacted the Clinic and other agencies in our community. Clinic management and staff should be commended for their commitment to continue to provide quality services for children and families of Kern County despite staff shortages and also for finding creative solutions to the human resources crisis.

Funding is always a concern as well. Many agencies are competing for the same dollars to support programs that will help our community produce competent and effective leaders for the future. As a private, nonprofit organization, the Clinic must always rely on the support of the community to help provide services for children and families who need help. However, the need is even greater today due to these catastrophic events that have resulted in government funding cuts for much-needed programs and services for our community.

On a positive note, we were very pleased with the support we received during the holiday season from individuals and businesses in our community that helped make the Clinic's Holiday Families

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A Family in Crisis

There is nothing more difficult for parents than watching their children experience pain. Just imagine your child experiencing such discomfort that he wants to end his life by dashing out into traffic on a busy street. Imagine your child being so angry that he pulls over furniture and breaks windows in the house, and that there is nothing you can do to stop his rage. Imagine how you would feel wanting to stop cars from hitting your child as he walks into traffic, seeing the police intervene, putting him in handcuffs and taking him to Kern Medical Center for evaluation. For one Clinic family, this experience was a reality.

FOR MANY YEARS, this child and his family have tried to cope with these severe behavioral problems. In past years, he was hospitalized because he posed a threat to himself and others. Recently, his behaviors took a turn for the worse and he required "back-to-back" hospitalizations, each lasting approximately two weeks. These were out-of-county placements because there was no local facility that admitted children at that time. After the two hospitalizations, the Child Guidance Clinic's treatment team agreed that the family required intensive services beyond what had been provided in the past due to the nature and severity of the child's behaviors. It was at this point that Therapeutic Behavioral Services (TBS) were initiated.

Therapeutic Behavioral Services are supplemental services funded by Medi-Cal for children under the age of 21 who experience serious emotional problems, stressful transitions in their lives, other life crises and who are in need of additional short-term support to prevent placement in a higher level of care. The goal of TBS for this client was to prevent further hospitalizations and to assist him and his family to remain in the home together.

TBS services involve a staff member going on site to provide individualized behavioral assistance and one-on-one interventions to achieve outcomes specified in the child's treatment plan. These services may be provided in the home, school or other locations in the community. In this particular case, services are provided in the home only since problems have not been identified in the school setting at this time. The TBS representative remains in the home from 2:30 p.m. to 8:30 p.m., Monday through Friday, since these are difficult periods identified by the family or times when the child experiences the greatest amount of difficulty.

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FAMILY IN CRISIS

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they can intervene before the child's behavior becomes uncontrollable. These services are very effective in this particular case since they are provided by several agencies in the community. Successful coordination of these services has proven beneficial to the child and his family since they receive an abundant amount of support from the agencies involved. The family reports that the child has progressed. He no longer threatens to harm himself, is less impulsive and, most of all, he has not required any additional hospitalizations. The Clinic will continue to provide Therapeutic Behavior Services until the child achieves all of the goals outlined in his TBS plan. Additionally, a Clinic therapist works closely with the child and his family to achieve the following goals: increasing coping skills, improving their ability to de-escalate difficult situations, retaining control and diffusing situations that resulted in injury, police interventions or hospitalizations in the past.

PRESIDENT'S MESSAGE

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Program such a success. With all the financial burdens people are facing, the Clinic did not expect to be able to serve as many families this year during the holiday season as it did in the past. However, the Clinic had more sponsors volunteer this holiday season than we have had since the program's inception. Because the need for services tends to increase during the holiday season, the Clinic was able to match every sponsor with a family. The fact that so many people and businesses were willing to support the program is indicative of our community's generosity.

On behalf of our board of directors, I would like to publicly express our appreciation to Clinic management and staff as they demonstrate through hard work their dedication to the Clinic and its mission to serve the children in our community.



Denise L. Kooren,
President



The 2001 Soiree d' Art Auction, held on September 15th at Seven Oaks Country Club, helped raise funds for local children's charities.



Dave Morton of The Active 20/30 Club of Bakersfield presents a check to Denise Kooren, Board President.

2001 Soiree d' Art

The Active 20/30 Club of Bakersfield has done it again! The 2001 Soiree d' Art Auction, held at Seven Oaks Country Club on September 15, 2001, helped raise funds for local children's charities. The Child Guidance Clinic was selected as a beneficiary of the event and received a generous donation to help serve the children of our community.

As a private, non-profit organization, support from local service organizations helps the Clinic extend services to more children and families in our community who are in need. The Active 20/30 Club of Bakersfield provides support for local children's organizations each year and deserves recognition for its philanthropic efforts. It is very gratifying to see a group of young professionals like this who are committed to supporting the work of nonprofit organizations that serve the youth of our community.



The auctioneer at Soiree d' Art starts the bidding.

A Special GIFT

As Clinic staff prepared for the past holiday season, they were not certain what level of support they would receive from the community since the energy crisis, events of September 11th and the condition of our economy presented challenges for individuals and businesses throughout our nation. For those reasons, it was apparent that many of the Clinic's clients would face serious financial difficulties that would prevent them from providing holiday festivities for their children. The Clinic initiated the Holiday Families Program more than five years ago because staff recognized that many families were struggling financially and experienced even greater stress during the holiday season. Because ours is a very generous and giving community, the past year's program had more sponsors than ever.

One of the program's beneficiaries was a single mother who attends school in hope of providing a better life for her family. Her therapist requested food and gifts for the family. However, the transmission went out in the mother's car shortly thereafter, limiting her transportation and posing an additional financial burden for her to find the necessary funds to repair her car. One of the program sponsors, Kern Schools Federal Credit Union's Ming Avenue Branch, was eager to assist the family. An employee's husband who worked at Midas arranged for the repairs to be completed at a reduced rate. Other employees dressed

We would like to recognize the following supporters of the Clinic's 2001 Holiday Families Program:

The employees of:

Kern Schools Federal Credit Union's Downtown Branch, Ming Avenue Branch, Mt. Vernon Branch, River Run Branch, and Town & Country Branch

KUUI - TV 45

State Farm Insurance Company

Members of:

Gamma Xi Chapter, Delta Theta Tau

Guild Members -
1st, 3rd, & 5th Mondays
2nd & 4th Tuesdays
1st, 3rd, & 5th Tuesdays
1st, 3rd, & 5th Thursdays
2nd & 4th Thursdays

Ridgeview High School's Associated Student Body

Westside Church of Christ

Valley Baptist Church (Freshman Girls Group)



Volunteers from Westside Church of Christ deliver gifts and food for the Clinic's Holiday Families Program.

Individual/family sponsors:

Hubert Betenbaugh, MD

Tina Cantelmi & family

Teresa Ford & Family

Polly Hamm

Rita Martinez & family

Mel Owens

Kelly Richardson

Robin Summerfruit

Joyce Umfress

Vernon and Janis Vamer

Brenda Weston

in holiday costumes and solicited donations from co-workers and raised enough money to not only purchase food and gifts for the family, but also to pay for the car repairs.

Due to stringent confidentiality requirements, the Clinic may not share identifying information about the clients it serves. The employees at the Credit Union did not know that this mother's past experiences caused her to distrust people and to avoid asking others for assistance. The lesson learned is that total strangers are willing to offer a helping hand when least expected

and that their generosity provided the best holiday that this family would have ever imagined. This is just one of many stories of individuals and organizations who sponsored Clinic families and provided food, clothing and toys for 137 children during the last holiday season. Clinic staff were very moved by the generosity of the employees of Kern Schools Federal Credit Union as well as other businesses and individuals in our community that participated in the program.

GOLF TOURNAMENT

The date is set and reservations are being accepted for the 8th Annual Golf Tournament hosted by the Weill Child Guidance Foundation in support of the Clinic. This year's event is scheduled for Monday, September 30th at Seven Oaks Country Club. Golf enthusiasts are encouraged to register early for this prestigious event. New golfers and those who have not pulled out their clubs in awhile are also invited to participate. The Foundation does an excellent job of coordinating a fun-filled event while raising funds to help support the programs and services of the Clinic. For more information about this tournament, please call Ira Cohen or Tammy Nuanez at 321-0341.



Grandparent Support Group

Today, a large number of children are being raised by members of their extended families for various reasons. In fact, the Census Bureau reports that six percent of the nation's children under 18 are being raised by their grandparents.

The Child Guidance Clinic recognizes the benefits of providing support groups for grandparents who are raising children for the second time in their lives. These groups provide grandparents with an opportunity to talk with others about the joys and challenges they face in raising grandchildren.

The Grandparent Support Groups are offered every 2nd and 4th Wednesday from 10:30 a.m. to 11:30 a.m. at the Child Guidance Clinic, 3628 Stockdale Highway. No appointment is necessary and the group is open to the public at no cost. For more information, please call 322-1021.

Planned Giving

The Weill Child Guidance Foundation has introduced a variety of planned giving programs that offer our supporters a unique way to ensure the future of the Clinic. By including the Weill Child Guidance Foundation in their estate plans, friends of the Clinic can support the mental health of children while planning their own and their family's future.

A planned gift benefits both the donor and the recipient. Donors benefit from the satisfaction of knowing that their gift supports the Weill Child Guidance Foundation in fostering the emotional well-being of our community's children. Donors benefit as well from substantial tax savings. The Weill Child Guidance Foundation benefits by putting the gift to work to meet the challenges of protecting young lives.

Bequests specified in trust and will documents are the most common planned gifts that benefit the Child Guidance Clinic. Second in popularity is designating the Foundation or Clinic as the beneficiary of a life insurance policy. Donations of marketable securities are also popular. The Foundation works with

donors' legal, tax and insurance advisors and also refers donors to professionals in the community. There are a variety of additional vehicles for planned giving. A charitable remainder trust can provide for heirs as well as provide the donor with income for life as it helps ensure the Clinic's future. Charitable gift annuities offer flexibility to donors. Charitable lead trusts are often used by donors with more complex plans for their families. Even closely held stock can be donated to the Foundation.

Planned gifts to the Weill Child Guidance Foundation can be given without restrictions, or specified for a program that you find personally compelling. Unrestricted funds support the Clinic's ongoing operations and are essential to the Child Guidance Clinic's continued leadership in children's mental health. The Foundation encourages planned gifts that provide the Clinic with the flexibility to direct resources where they are most needed.

For more information about planned giving or to consult with the Foundation, please call (661) 322-1021.

An Evening at Guild House

April 27, 2002

Nothing can compare to an enchanting evening of fine dining in one of the most unique settings in Bakersfield. On April 27, 2002, the Bakersfield Child Guidance Guild will conduct its annual "Evening at Guild House," thus creating an opportunity for the community to enjoy all of the charm and amenities that the House has to offer. For more information regarding this event, please call Guild House at 325-5478.

President's Awards



Allison Smith and Denise Kooren



Ineke Beeken and Denise Kooren

Congratulations to the most recent President's Award recipients, **Allison Smith** and **Ineke Beeken**.

Allison Smith, Central Bakersfield Program therapist, received this award for doing an outstanding job of coordinating the treatment for one of her most challenging clients who required Therapeutic Behavior Services. Attending to this very demanding case required that Allison work closely with other agencies involved in the treatment process of this client. On a daily basis, Allison was required to communicate with the Mental Health Department, Department of Human Services and Memorial Center regarding this case. This situation was the Clinic's introduction to TBS and Allison is credited with coordinating the process and collaborating with all of the agencies involved which she did while maintaining a full caseload of her own.

Ineke Beeken, Delano Program therapist, received this award for providing clinical supervision for Social Work Interns who are accumulating hours to qualify for their licensure examinations. The Board of Behavioral Science Examiners requires that Social Work Interns receive a minimum of 3200 clinical hours, 2200 of which must be under the direct supervision of a Licensed Clinical Social Worker. As a licensed clinician, Ineke readily volunteered for this challenge. She currently supervises Social Work Interns from the Central Bakersfield and the Delano Programs while also maintaining a full caseload of her own.

Graduates of the Clinic's Management Academy, Ineke Beeken and Sabrina Sherrill receive certificates of completion.



Sabrina Sherrill and David Camara



Ineke Beeken and David Camara

NEW BOARD MEMBERS



The Child Guidance Clinic is pleased to welcome **Blake Smith** to our Board of Directors.

Born in Salt Lake City, Utah, Mr. Smith has lived all over the United States, but settled in Bakersfield about 20 years ago. He loves the proximity of the mountains to Bakersfield as he enjoys hiking and keeping physically fit with the outdoor life.

Mr. Smith works for the Kern County Department of Public Health as an Administrator. He is the father of three children and enjoys a healthy social life with his friends.

Mr. Smith wanted to become a member of the Board because he is interested in the welfare of children and would like to do his part in making a difference in a child's life. He would like to eventually raise a pet assisted therapy dog.

April is
Child Abuse
Prevention
Month.



April 2002

All proceeds and gratuities are donated to the Henrietta Weill Memorial Child Guidance Clinic.



Guild House

Freshly-made soup, entrée and vegetable in season or side salad or entrée salad, house-made rolls or muffins, delicious dessert or sorbet with fruit sauce and beverage. Wine and beer available.

Menus subject to change.

Call Us For Your Special Events! 325-5478

Weeknights or weekends. Luncheons, receptions or dinners.

Private rooms are available for luncheon meetings.

Advanced reservations are requested but not required.

Drop-ins welcome!

Fax: 325-5603



CHILD
HENRIETTA WEILL
GUIDANCE CLINIC

To help a troubled child find a future

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
| 1 Cream of Spinach Baked Fish Orleans Pecan Pie Weeklv Entrée Salad - Chicken Curry | 2 Italian Wedding Soup Ouciche Jardinar Old Lace Cheesecake | 3 Soba de Calabaza Vinevard Game Hen Sour Cream Apple Pie | 4 Winemaker's Soul Curried Chicken Crepes Butterfinger Pie REVELATION | 5 Caribbean Corn Chowder Fruited Pork Calypso Pie |
| 8 Cream of Pimento Pastel de Oues Abbsauce Cake w/lt Caramel | 9 Cream of Zucchini Salmon Mushroom Crepes Italian Cream Cake | 10 TomatoMadriene Pebber Steak Cappuccino Torti | 11 Bloody Mary Sout Pollo Oli Margarita Cheesecake ERLENE'S | 12 Golden Chowder Chicken Picata Banana Peanut Pie |
| 15 Cock a Leekie Sout Colorado Oucibe Carrot Caki | 16 Zubba de Aelio Fiesta Chicken Lovely Lemon Pie | 17 French Onion Sout Beef Carbonnade Peanut Butter Cloua | 18 Cream of Mushroom Pork with Apricot Cbutney French Cheesecake PAPPAGALLOS | 19 Tortilla Sout Enchilada ala Suisse Chocolate Coffee Torti |
| 22 Cream of Celery Sout Chicken Marbella Pistachio Cheesecake | 23 Potage Therese Beef Burgundy Lemon Melba | 24 Red Pebber Sout Baltimore Crepe Dutch Peach Pi | 25 Artichoke Sout Viennese Pork Bavarian Apple Torti SUGARDADDY'S | 26 Cream of Corn Sout Tequila Chicken Fresh Strawberry Torti |
| 29 Mushroom Consomm Brandied Pork Cheesecake with Strawberries | 30 English Pea Sout Terivaki Game Hen Caramel Delighi | | | |
| Weekly Entree Salad - Bountiful Bakersfield | | | | |

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Locations

3628 Stockdale Highway

Bakersfield, CA 93309

(661) 322-1021

5300 California Avenue

Bakersfield, CA 93309

(661) 327-0933

1318 High Street

Delano, CA 93215

(661) 725-1042

www.hwmcgc.org

Mission Statement

The Henrietta Weill Memorial Child Guidance Clinic provides the services and resources necessary to prevent and treat emotional and behavioral problems for Kern County children and their families.



Director's Message

This is a very difficult time for the public mental health system in California. Statewide, our profession is facing a serious human resources shortage that makes it difficult for agencies in the county-operated mental health system to adequately staff their programs and to provide services for all who need them. Additionally, the state budget deficit has resulted in no additional funding for much-needed mental health programming to serve a growing number of children and families in need of services and there may be some reductions in children's system of care funding next fiscal year.

As state legislators seek to reduce spending, the mental health community must also face the possibility that funding specifically earmarked for mental health treatment of some children enrolled in special education programs (AB3632) is at risk of being permanently eliminated. In that event, funding for services would need to be drawn from Realignment (County) dollars. This funding source, which was created in the early 1990's, was believed to be a secure and stable source of funding for community-based mental health services. However, many counties have found that this funding source simply cannot keep up with the unmet needs of a rapidly growing population.

A tight budget year, in conjunction with an extensive report on the state of children's mental health from the Little Hoover Commission, has put pressure on various state agencies that serve children and families to come together to improve services through coordination, collaboration and cost reduction. While this is a big step in the right direction because children's services need restructuring to be more successful, recommendations from experts state that changes may require an initial cost investment that would result in substantial long-term savings. Since this initial investment is not likely to come during a budget crisis, it is important that the mental health community not react to those recommendations by restructuring services for the sole purpose of reducing costs without improving services.

The current and upcoming fiscal years present tremendous challenges for the public mental health system which consists of agencies like the Child Guidance Clinic in communities throughout the state. As a result, we must develop and implement creative strategies to address the problems occurring at the local level as a result of the statewide mental health crisis. Through our state associations, we need to support the efforts of the SB1748 Task Force and the California Mental Health Planning Council to address the human resources shortage so that all those in need of public mental health services will receive them. Locally, we are very fortunate to have the support and active participation of Diane Koditek, Director of the Kern County Mental Health System of Care, in the formation of the Human Resources Strategy Group, which is a cooperative effort by local providers to attract mental health professionals to our system of care. Concurrently, we need to implement creative staffing strategies to maximize services in all of our programs, reduce expenses responsibly, implement measures to increase our revenue producing activities and seek funding from other sources to help maintain our programs and services.

Community support, which has played a vital role in the Clinic's success since its establishment in 1946, is more important than ever at this time as we and other providers attempt to weather the storm of the current crisis in our public mental health system. We wish to thank all of our donors for supporting the Clinic's work in our community and to invite all current and potential donors to consider the Clinic in their financial planning.

David L. Camara, LCSW

Executive Director



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Bakersfield, California 93309

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THANK YOU FOR YOUR SUPPORT

The following individuals, corporations, foundations and community organizations have generously made donations to the Clinic from December 1, 2001 through March 31, 2002. On behalf of the children we serve, thank you for your support. (*The Giving Hands Levels listed below are cumulative for the entire fiscal year beginning 7/1/01.*)



LEADING HANDS

\$5,000 and above

Active 20/30 Club of Bakersfield
Bakersfield Child Guidance Guild
Blanche and Irma Weill Foundation
Kern County Community Foundation

SUPPORTING HANDS

\$1,500 to \$4,999

Joan Pracy

HELPING HANDS

\$500 to \$1,499

The Bakersfield Californian
The Bakersfield Refining Company
Joseph and Julie Galland
Dr. and Mrs. Daniel Grabski
Guy and Barbara Shaw

CARING HANDS

Up to \$499

John and Paula Abbott
In Memory of Jane Linstrum
Diane Atkinson
Orland and Jan Banks
Hubert Betenbaugh, M.D.
June Booth
Lucille Christensen
In Memory of Russell A. Sorensen
Elizabeth Curtis
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Shirley Farnsworth
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In Memory of Nickolas Leigh
Drina Fried
In tribute to the people who work hard to help children
G & L Apartments

John and Darlene Goldberg
Christmas Gift Tribute to LaVerne Paff

Mary Ann Gragg
In Memory of Nina Leigh

Dorothy Hammel
In Memory of Nina Leigh
In Memory of Kay Olsen

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Dolores Whitley

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